

Dr T.R. UMA

WORK EXPERIENCE

- *Visiting Psychologist at Bloom Health Care* (March 2017-Present)
- *Co investigator (Impact of Chess in Cognition ,DST ,GoI)*(April 2015- Present)
- *Counseling Psychologist (Freelancer)* (June 2008 - Present)
- *Part Time Counselor in Padma Seshadri* (June 2006 - April 2008)
- *Special Educator: Shristi Special school* (June 2005 - June 2006)
- *Part Time Student Counselor: Vellamal Mat. School*(June 2004 - June 2006)

EDUCATION

- Doctor of Philosophy (**Ph. D**) (*Madras University,Chennai, India*) **October 2015**
- Master of Philosophy (**M. Phil.**) (Applied Psychology) **June 2008**
- Master of Science (**M. Sc.**) (Applied Psychology) **June 2004**
- Bachelor of Education (**B.Ed.**) **June 1995**
- Bachelor of Science (**B. Sc.**) (Zoology) **June 1979**
- Certificate Course:Diploma in Guidance and Counseling
- Certificate Course: Pre Primary and Teachers Training
- Specialized Training Course: Remedial Teaching,

AREAS OF EXPERTISE

Assessments

- Neuropsychological test battery for Attention and Execution Function
- Psychometric profiling for Adults and children

- Detailed IQ assessment (WISC 4, Indian Adaption, MISIC ,BKT, Seguin Form board, Ravens Progressive Matrices, Coloured Progressive Matrices)
 - Collating information through inter disciplinary team approach
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Scientific Publications:

- Uma T. R. , Ebinizer , Sumathi C , Veena E, (2017, July) Improving Perceptual reasoning in School age children through Chess training , presented at CogScience, London (UK)
 - Thenmozhi S., Uma T. R. (2013a). Executive Functions Impairments in children with and without ADHD. *Indian Journal of Applied Psychology*, 50, 70-77.
 - Thenmozhi S., Uma T. R. (2013b). Effect of working memory on children with ADHD. *Journal of Psychological Researchers*, 57, 13-18.
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TRAINING UNDERGONE

- Attended a two day workshop on Parenting for better Tomorrow by Betty Lou Betner
- Was a part of the workshop on "Marital Counseling" by Betty Lou Betner
- Attended the "Life Skill Development Program" conducted by Madras School of Social work in association with Indian Academy of Applied Psychology.
- Attended a "National Workshop on Neuropsychological Rehabilitation in Head Injury" conducted by National Institute of Mental Health and Neurosciences
- Certified in Feuerstein Instrumental Enrichment by The International Institute for the Enhancement of Learning Potential Jerusalem, Israel
- Attended a workshop on "Healing Inner Conflicts" organized by CCF.